



2010-2011 CenCal Chapter of WESTOP TRiO DAY/SLC Report

Date: 01/04/2011

Location: Cal Poly San Luis Obispo

Saturday, March 12, 2011 09:00am to 04:00pm

1. **Chair:** SLC Chair, Luis Gonzalez, Upward Bound Director Cal Poly
2. **Chair:** TRiO DAY Chair, Jesús Angulo, ETS National Hispanic University.
Committee member: Gustavo Enriquez, Cal Poly

Tentative Itinerary

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| Departure | At the local level, each program provides participants granola bars, water and fruit. |
| Pre-Registration | All participants and staff before entering the auditorium have a bathroom break and stretching opportunity. Note: Have all participants before entering the auditorium must turn off mobile phones |
| Registration 08:00am to 8:50am | Every program rep (advisor, director, rep) turns in letter of support for COE. Rep is provided TRiO Day (component one) handouts and list of instructions. Instructions will detail TRiO Day activity with steps for application. |
| Entering the auditorium | Programs walk in auditorium and are guided to designated area by institution and program. |
| TRiO DAY Welcoming 09:00am to 09:15am 09:15am to 09:30am 09:30am to 10:15am 10:30am to 10:55am 11:00am to 11:30am | CenCal TRiO Conference Day/Announcements What is TRiO Day & TRiO Day Video (Great video clip done by Cal Poly TRiO) I am a Leader Activity (Students are broken up into small groups) Scholarships Recipients awarded (Recipients are honored, go on stage if present) Political figure speaks (Speaker engages participants about TRiO & Education advocacy) |
| | Once political figure is done, an announcement is given to break students by numbers. Each student will be given a number and must report to designated area to meet as a group. |
| TRiO Day Activity I am a Leader | Leaders distribute activity sheets to participant groups, detail instructions and timeline. Leaders have the power to influence young people. There are many methods and stories, but ask yourself, what really makes one a leader? How can one become a leader? Developing leadership qualities amongst students from different cultures, ages and backgrounds welcomes a unique opportunity to provide an activity designed to strengthen leadership awareness, familiarity and application. Think of people in your life whom you consider to be really great leaders. What qualities do these people have? How do they make you feel when you work or interact with them? How can I adapt what I learned from them?, How can I, today, begin my leadership sharing amongst others in school, community or family? |
| 11:30am-11:55am | College Tour of Cal Poly San Luis Obispo for programs interested in a small tour of campus before lunch. |
| 12:00pm to 01:00pm | Lunch/Live Entertainment (We are looking into having a live band play while we have lunch as well as a local student group, performers such as Ballet Folklorico, Step Dancers. |

Student Leadership Conference (component)

SLC/TRIO Challenge; The Gauntlet 1:00pm-2:00pm

Activity 1: Cell Phone Game — A twist on the commonly used telephone game. This activity promotes communication skills and leadership skills. Groups of approximately 30 students are in a circle; the first student is given a list of instructions that cannot be given to anyone else — that student must read the instructions to the following student who has to memorize the instructions and then verbally repeat it to the next student and so on and so on until the instructions reach the student standing directly next to the first student. That last student must then perform the instructions exactly as he or she heard them. The group observes that student to see whether or not the instructions reached the last student correctly.

After this is done once all the way through the second round of the activity will involve pairs. A pair of students reads the instructions to the second pair, who then have to verbally pass the instructions on to the next pair and so on and so on until the last pair receives their instructions and performs what they heard.

Afterward there is a discussion as to what worked what didn't work and why they did or did not complete the original instructions given to the first student(s).

Activity 2: The Ringer 02:00pm to 03:00pm

Activity 2: — Again, students are placed in groups of approximately 30. They stand in a straight line in between two buckets. The buckets will be placed on each end of the line that the students form. One bucket is empty while the second bucket is full of water with a t-shirt next to it. The objective of this activity is for the first person to dip the t-shirt in the bucket full of water and soak up as much water as possible. Then that student must pass the shirt on to the next student and so on and so on until it reaches the last student who then “rings” out the shirt into the empty bucket. The goal is to collect as much water in the empty bucket.

03:00pm to 03:30pm **Wrap Up**

03:30pm to 04:30pm **THE DANCE** (For those who can stay longer)

Action Items: (cite any items to be voted on)